

With the CareConnect Wellness Program*, it pays to be healthy.

Need a little extra push to get healthier? As a CareConnect member, you can enjoy exclusive rewards, reimbursements and savings when you participate in our Wellness Program. Getting and staying healthy in 2016 can really pay off!



Health Risk Assessment: Earn up to \$100 in gift cards per family.

By completing a voluntary Health Risk Assessment—online or on paper—you can help us to serve you better. And we'll reward you with a \$50 gift card just for filling it out! Plus we'll make the same offer to your spouse (if he or she is on your plan), for a total of \$100 in gift cards per family per plan year. We encourage you to use the gift card to promote your healthy lifestyle.



Gym Reimbursement: Up to \$600 per family every year.

Gyms and health clubs can be costly, but not as costly as being out of shape. That's why we'll help you pay for your membership. If you visit the gym or exercise class enough times and submit the required documentation, we'll reimburse you up to \$400 per plan year. And we'll reimburse your covered spouse up to \$200 per plan year for a total of \$600 per year per family!



Walk or Run Reimbursements: Starting now, it pays to get moving.

One of the best ways to get and stay healthy is to start moving—without your car that is. So in 2016, we'll reimburse up to \$150 per plan year of entry fees for certain organized walks or runs of one mile or more. And we'll do the same for your covered spouse.



Healthy Discounts: Big savings in health & wellness.

You and your family can enjoy exclusive discounts at leading retailers related to your health and wellness. Just present your member ID card and start saving! It's just one more way we make it easier and more affordable to get and stay healthy.

For more details,
visit CareConnect.com/wellness
or call 855-706-7545.

*This is only a summary of Wellness Benefits. The Wellness Benefits described in your CareConnect Policy or Certificate govern.