

Talk to a doctor anytime, anywhere.



With our no-cost telemedicine service, Teladoc™, you can access U.S. board-certified doctors and pediatricians by phone or video from the comfort of your own home.

Connecting with a doctor is easy! Simply register online, then follow these quick and easy steps:

STEP 1 Request a visit with a Teladoc doctor 24 hours a day, 365 days a year by web, phone or mobile app.

STEP 2 Talk to the doctor. You can take as much time you need... there's no limit!

STEP 3 If necessary, a prescription can be sent to the pharmacy of your choice.

Teladoc doctors can treat many medical conditions including:

- Cold & flu symptoms
- Skin infections
- Sprains & strains
- Respiratory infections
- Bronchitis
- Rashes
- Allergies
- Sinusitis
- ...and more!

**Just another way we're making
health insurance simpler and *healthier!***

For more information,
visit **Teladoc.com** or call **1-800-Teladoc**.